

ALL DIFFERENT LET'S CELEBRATE OUR DIFFERENCES

We are all wonderfully
different and equally special.
What makes you special and unique?



Which of these items do you like more?
And why? Circle it and tell others something
special about yourself.

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Which Mr. Men Little Miss personality best
describes you? Maybe there's more than one?
Circle them and tell us why.



MR. HAPPY



MR. LAZY



MR. FUNNY



MR. BRAVE



LITTLE MISS
CURIOUS



MR. MESSY



LITTLE MISS
SUNSHINE



MR. STRONG



MR. BUMP

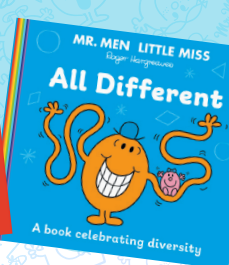
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Read all books
of the
DISCOVER YOU
series:



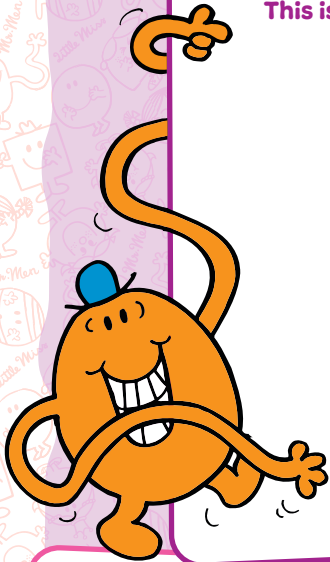
**EARLY
READERS**

Discover You

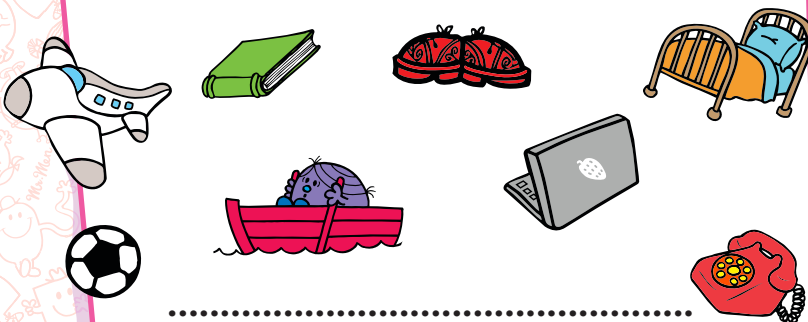
**MR. MEN
LITTLE MISS**

TRY AGAIN LET'S WORK ON RESILIENCE

Are you able to bounce back when challenges come your way?
This is what being resilient means. Can you think of one thing you find difficult and struggle with? Try drawing it.



Sometimes it's not about being brave enough to try things, but about being resilient and bouncing back when things go wrong. Do any of these pictures make you think of something you couldn't do? Circle it and tell us your story.



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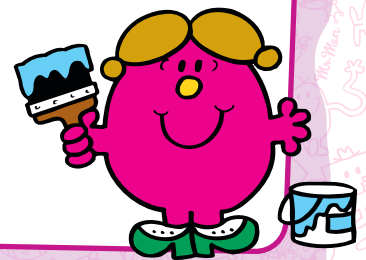
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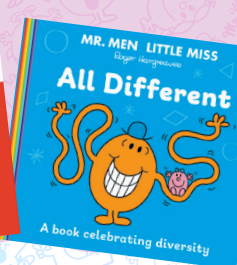
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What would you do to help your friends overcome their fears and keep going? Draw a picture!



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BE KIND THINK ABOUT KINDNESS



It can be difficult to be kind.
But sometimes even a small act of kindness can
make a difference. Draw a memory from a time
when you were nice to someone.



Which of these items do you associate with
kindness, and why? Circle them, and think of a
way to be kind using them.



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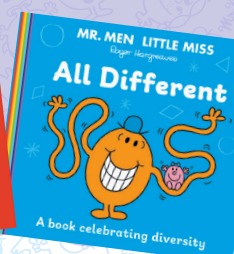
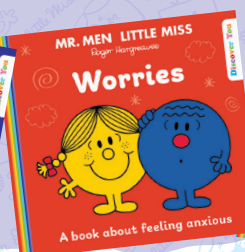
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Kindness is given, but
it is also received. Can
you think of a time
when you were
grateful for someone
being kind to you?

Draw it
here!



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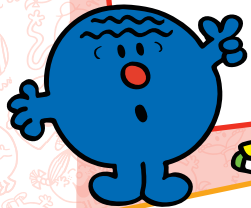
WORRIES EVERYBODY WORRIES SOMETIMES



Do you ever feel worried?

Everybody worries sometimes. Not just Mr. Worry. Is there something you are worried about now or have been worried about in the past? Try to draw it.

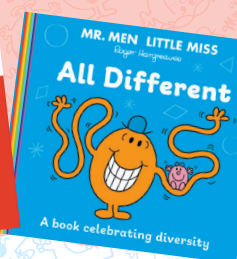
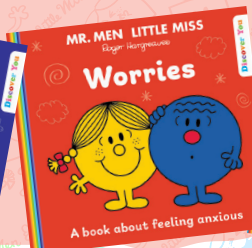
Little Miss Sunshine has a special 'sunshine' box she'd put together which always made her feel better when she was worried. It included lots of her favourite things, like pressed sunflowers, a giggling photo of Little Miss Giggles and a thank you card from Mr. Happy. What would you put in a sunshine box to ease your worries? Draw it below.



Worries always feel smaller when you share them. Do you share your worries? List or draw three people you feel safe with and you can share your worries and fears with.



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Forshare